

A WEALTH OF TREATMENTS in agreement with the Italian NHS



PATHOLOGIES

Pathologies of the upper respiratory tract

DIAGNOSIS

- Sinusitis
- Rhinitis
- Tracheitis
- Pharyngitis
- Allergies

TREATMENT CYCLE

24 inhalation treatments

(Includes admission medical examination)

*Cost exemptions apply: under the age of 6 or over 65 and with a total family income less than € 36,151.98 per year; pensioners over the age of 60 and unemployed with family income below € 8,263.31 up to € 11,362.05 with dependent spouse, increased by € 516.46 for each dependent child; disabled people, in different ways depending on the type and degree of disability. Total exemption applies to people with 100% legal disability, total blindness, major work-related disability, first-rate service disability and disabled veterans. People with agreements with the Italian NHS have the right to one treatment cycle per year.

PATHOLOGIES

Vascular pathologies

DIAGNOSIS

- Consequences of chronic phlebotomies
- Chronic venous insufficiency (varices)
- Consequences of chronic phlebitis
- Outcomes of peripheral vascular surgery
- Chronic lower limb vascular disease (if venous)
- Functional peripheral vascular disorders

TREATMENT CYCLE

12 therapeutic baths with hydromassage in Acqua Sillene

(Includes admission medical examination, instrumental examination and blood chemistry tests)



ACQUA SANTA 2000 years of health and beauty

A natural remedy for gastrointestinal problems and rich in mineral salts, **Acqua Santa di Chianciano has a purifying effect on the liver, helps digestion and regulates the intestine.**

HOW TO USE

At Terme di Chianciano, Acqua Santa is drunk directly from the source of the Acqua Santa Park in the morning, on an empty stomach, for at least 12 consecutive days. The purification cycle can be repeated 3-4 times a year. At home, the water can be drunk from the bottle, preferably in the morning on an empty stomach, for at least 15 consecutive days in doses of 100 g at a time (half a glass) up to a maximum of 400 g. For a smoother well-being feeling it can be heated (the "bain marie" technique is recommended). The home purification cycle can be repeated 3-4 times a year.

PURCHASE

At the Terme di Chianciano factories, at the on-line store termechiancianoshop.com, in Naturesi stores and in all pharmacies in Italy.



DIGESTIVE SALT FROM CHIANCIANO 14 stick (15 ml each)



Food supplements based on Acqua Santa and extracts of cassia, acerola cherry, rosemary and fennel. They have an intestinal, digestive, detoxifying effect on the liver and are useful for strengthening the immune defenses. These salts, if taken with Acqua Santa di Chianciano, help regain the daily wellness and are a real Detox Ritual.

HOW TO USE

Drink directly from the stick or dissolve the sachets in half a glass of Acqua Santa to enhance its effect.

PURCHASE

At the Terme di Chianciano factories, at the on-line store termechiancianoshop.com, in Naturesi stores and in all pharmacies in Italy.



The Aqua Santa-based cosmetics of the Terme Sensoriali line are rich in elements such as sulfur, magnesium and calcium. Thanks to their composition, they perform a remineralizing action that helps the skin of face and body regain its vitality. These products are unisex and contain typical Tuscan essential oils, flowers and herbs.

PURCHASE

At the Terme di Chianciano factories and on-line at termechiancianoshop.com.



1 THEIA THERMAL POOLS

• Piazza Marconi, lato Via della Foresta Chianciano Terme (Si)

2 SILLENE THERMAL CENTRE

• Piazza Marconi 8 Chianciano Terme (Si)

3 BOTTLING CENTRE

• Via delle Terme 57 Chianciano Terme (Si)

4 THE HEALTH DEPARTMENT

• Viale Roma 103 Chianciano Terme (Si)

5 ACQUA SANTA PARK

• Piazza Martiri Perugini 3 Chianciano Terme (Si)

6 SENSORY SPA

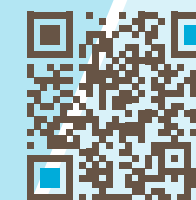
• Piazza Martiri Perugini 3 Chianciano Terme (Si)

7 FUCOLI PARK AND PALAMONTEPASCHI

• Viale Terme 51 Chianciano Terme (Si)



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TERME DI CHIANCIANO
well-being for all the family
for all ages
for all seasons

THEIA THERMAL POOLS
SENSORIALI SPA

MEDICAL AND PHYSIOTHERAPY CENTER
TREATMENTS IN AGREEMENT
WITH THE ITALIAN NHS

TERME SENSORIALI COSMETICS

ACQUA SANTA
DIGESTIVE SALT FROM CHIANCIANO

THEIA THERMAL POOLS

nature and thermal wellness

Theia, named after the goddess mother of Selene in the Etruscan mythology; the thermal pools in Chianciano Terme are 900 sqm of indoor and outdoor pools, fed by the Sillene Thermal Spring, whose beneficial and curative properties were known since Etruscan and Roman times. Water jets, whirlpools and a wellness center with sauna, Turkish bath, emotional showers, rasul and relaxation area. Children SPA with dry grotto, wet grotto, emotional showers and two pools, dedicated to our little guests exclusively.



SENSORIALI SPA

Acqua Santa Park



A **unique wellness experience** to regenerate body and mind thanks to wellness programs, based on naturopathy, immersed in the greenery of the **Acqua Santa Park**.

A journey through the senses and emotions: 4 paths with more than 20 treatments, including the "melmarium" and caldarium, salt room, river, music bath, salt bath, energy pyramid, emotional showers, relaxation area with herbal teas, aromatherapy, music therapy.

There is also a wellness center for face/body massages and treatments is integrated in the facility and in the paths.

One of the five senses is **Taste**, to which a special area has been dedicated, to live a comprehensive sensory and wellness experience, with local and zero-kilometer products.

MEDICAL AND PHYSIOTHERAPY CENTER

The **Medical and Physiotherapy Center of Terme di Chianciano**

offers preventional programs for the prevention and treatment of chronic or traumatological orthopedic pathologies, as well as neurological, rheumatological and urological pathologies.

Physiotherapy seeks the restoration of joint function and motor capacity. The physiotherapy methods applied at Terme di Chianciano are based on an integrated approach between manipulation and use of machinery (tecar, laser, ultrasound, electro, magneto and paraffin therapy), thanks to a multi-specialist and constantly coordinated team. The Medical and Physiotherapy Center offers the possibility of a postural assessment aimed at resolving pain due to postural problems and at providing integrated physiotherapy solutions, even with the use of thermal water. It is in fact possible to carry out rehabilitation in the Sillene thermal waters at the Theia Thermal Pools (hydrokinesitherapy), taking advantage both of the reduction of gravity in immersion and of movement in the water, in addition to the healing qualities of the thermal water, accelerating the functional recovery of the patient.

At Terme di Chianciano, re-athletization courses are available for professional and amateur sportspeople, to ensure a safe return to sporting activities and to reduce the risk of new injuries. In fact, there are agreements with local sports clubs to provide a complete medical and sporting assistance to athletes.



The medical specialists available at the medical and physiotherapy center of Terme di Chianciano cover:

- Cardiology
- Vascular surgery and Doppler ultrasound
- Dermatology
- Physiatry
- Colon hydrotherapy
- Analysis laboratory for blood chemistry, swabs and Covid tests
- Sports medicine
- Aesthetic medicine
- Nutrition and dietetics
- Ophthalmology
- Orthopedics
- Otolaryngology
- Rheumatology
- Urology

Specific medical tests are also available, such as:

- CBM (Computerized Bone Mineralometry)
- Polysomnography

It is possible to access physiotherapy courses privately or in agreement with the Italian National Health Service.



A WEALTH OF TREATMENTS

in agreement with the Italian NHS

At Terme di Chianciano it is possible to carry out treatments in agreement with the Italian NHS by presenting the prescription from the GP. There is a € 55.00 fee, except for those who are exempt*.

PATHOLOGIES

Liver and gastrointestinal disorders

DIAGNOSIS

- Dyspepsia of gastroenteric and biliary nature
- Irritable bowel syndrome with constipation
- Dyskinesia of the biliary tract with dyspepsia
- Chronic gastroduodenitis with dyspepsia
- Chronic althiastic cholecystitis with dyspepsia

TREATMENT CYCLE

12 mineral water treatments
(Includes admission medical examination and 12 drinking treatments with Acqua Santa)

Or

Mud-balneo-hydrotherapy cycle
(Includes admission medical examination, 12 mineral water treatments with Acqua Santa, 6 mud baths for the liver region and 6 carbon dioxide baths with Acqua Sillene)



PATHOLOGIES

Arthro-rheumatic diseases

DIAGNOSIS

- Osteoarthritis and other degenerative joint diseases
- Extra-articular rheumatism
- Arthrosis
- Polyarthrosis
- Osteoarthritis
- Low back arthrosis
- Spondylarthrosis
- Rheumatoid arthritis in the quiescent phase
- Cervical pain of rheumatic nature

TREATMENT CYCLE

12 muds and 12 therapeutic baths with Acqua Sillene

(Includes admission medical examination, 12 mud treatments and 12 baths)

